the Wesleys

for people who love life™



Aerial view of Wesley Homes Des Moines construction, July 2017

SUMMER 2017

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Campus moves quickly

in the right direction...

A little over one year ago, Wesley Homes amplified plans to revolutionize senior living. As the Lea Hill Care Center approached its grand opening, Wesley directed attention to the Des Moines campus with major changes to The Terrace, including adding a bistro and renovating many common areas. Soon after, redevelopment of the south side of the campus commenced.

Today, Phase 1 of a four phase redevelopment is under way, and residents have already moved into nine new cottage homes. Twelve more cottages on the southwest side of the campus will be finished this fall. In July, Walsh Construction started clearing for the two-story Brownstone. This phase will continue with construction of another 11 cottage homes and is expected to be completed by summer 2018. Phase 2 and the new Gardens building start soon afterward.

As the redevelopment progresses, Wesley is expanding program options for residents and the surrounding community.

"It's about increasing our services on and off campus and staying focused on our mission," said campus Executive Director Alex Candalla. "We are building Wesley Homes is a faith-based organization providing retirement communities and a network of services for older adults.

With love and joy, we are called to meet the physical, social and spiritual needs of those we serve.

We affirm the worth of all those we serve and those who provide service.

Be the first to know what's going on at Wesley Homes.

Sign up at **wesleyhomes.org** to receive eWesley, our monthly online newsletter.









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Campus moves (continued)

an even stronger community where people support each other and have more opportunities to enrich their lives."

For the mind and body, there's Wesley U, a continuing education program for mature learners; evening programs and day trips; the Wesley Encores chorus; Brain Fit for cognitive functioning; circuit training; dance socials; Wesley P.U.L.S.E., which integrates the states of physical, mental and spiritual well-being to enhance quality of life; and this year's walk-a-thon, where residents and staff teamed up over the summer to walk the miles of the Lewis & Clark Trail.

Intergenerational programs help energize the spirit. Wesley and Highline Public Schools developed an on-campus Montessori preschool, and residents help the children learn everyday skills. Silver Kite encourages multiple generations to share creative arts, have fun and learn something new together. Children from the Millennium Preschool Creative Center visit weekly for arts and crafts time with residents. The newest intergenerational program is Students-in-Residence, where Highline College students live on campus and volunteer at Wesley.

Visitors to the Des Moines Open House on Sunday, October 1st will learn more about these programs and be treated to a first look at updated architectural drawings for the new Gardens building. Information about Bradley Park in Puyallup and Wesley's next new community in Renton will also be available.

It's a New Day at Wesley!

Contact us today to find out more.

Lynn Stapleton The Terrace & The Gardens 206.870.1114 Istapleton@wesleyhomes.org

Rob Lanouette New Cottages & Brownstone 206.870.4705 rlanouette@wesleyhomes.org



Contact the Foundation

to learn how you can support Wesley Homes' programs and capital campaigns. 206.870.1334 foundation@wesleyhomes.org



Highline Montessori

at Wesley Homes....

with Highline Public Schools.

"This is an exciting chapter for Wesley," said Foundation Executive Director Susan McConnell. "Our residents enjoy being around children in a learning environment. It's great to see the wisdom, patience and love they offer the children, many of whom don't have grandparents in their lives."

The children learn math, reading, social, critical thinking and practical skills, including making snacks, serving food and choosing their own activities.

Highline provides the teacher, teaching assistant and school equipment. Wesley Homes Des Moines and Foundation provide the room, secure play area and other child safety modifications, resident volunteers and food for the program.

"These are children who would not be able to afford preschool if this innovative program was not offered to them," said Susan. "The alliance with our public school system has brought joy to residents, staff and the children. It's gratifying that we can help our community and engage our residents in ongoing learning opportunities with children."

Serving the Lord at Wesley...

Chaplains Haggai Habila and Becca Parkins, MA, M Div, BCC, are two of the newest members of the Wesley Homes family.

Wesley Homes Lea Hill welcomed Haggai (pronounced "hay guy") in May. He lives in Des Moines and has volunteered for that campus. Haggai was born in Nigeria and has been in the United States for 16 years. Before joining Wesley, Haggai served at MultiCare Tacoma General Hospital.

Though he wasn't looking for a new position, "Wesley's Christian heritage and my love for older people drew me to Wesley Homes," said Haggai. "In my culture, we care for older adults as if they are our parents. I wouldn't trade that for anything."

A 20 year chaplain and a family therapist, Becca was also drawn to Wesley because of its faith-based background. When she saw that Wesley Homes Hospice posted a position on her birthday for a chaplain, Becca knew she wanted the position.

"Wesley has a good reputation, and there's a great need for what they offer. Care is seamless, and everything stays in the Wesley family. This was my opportunity to uphold the values of Wesley Homes," she said.

Joining long-time Des Moines Chaplain Michael Byrd, Haggai and Becca enjoy interacting with others, whether it's to learn of other cultures or to hear life stories. Stop by the Lea Hill or Des Moines campuses to say hello.



Becca Parkins and Haggai Habila



Be a part of the Wesley team.

Apply online at wesleyhomes.org/careers

Miles of fulfillment

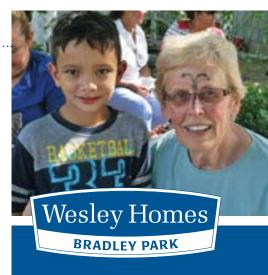
Ann Miller and husband Marlen spend four months every year at their home in Pharr, TX, also the base location of Children's Haven International (CHI). They have been supporting the CHI mission for over 10 years.

"It's my very favorite place," said Ann. "They're just wonderful, family-oriented and non-denominational. Children's Haven International is dear to my heart. They help keep the children safe from life with the cartels that are right over the Mexican border."

CHI provides homes with 'house parents' and refuge for up to ten years for children whose parents are unable to care for them. The Millers sponsored a six-year-old girl, with whom they corresponded for 10 years, and are currently sponsoring a nine-year-old girl.

After returning from Pharr this year, Ann began preparing their house to sell for their transition to a Brownstone Apartment at Bradley Park in Puyallup. She's also helping to develop the creative arts area and envisions a sewing room, lockers that would fit a sewing machine, a general purpose craft area and a place to cut fabric.

Ann hopes to share her pastime of making sweater mittens, hats and coverlets for cancer patients with her new Bradley Park neighbors.



Construction is underway at Bradley Park. Reserve your home today!

Contact **Lisa Osterloh** for more information. 253.466.2720 losterloh@wesleyhomes.org



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815 South 216th Street Des Moines, WA 98198 www.wesleyhomes.org

Toll-free: **866.WESLEY.0** (866.937.5390)

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Wesley Homes, a not-for-profit organization, is affiliated with the Pacific Northwest Conference of the United Methodist Church.





