



AUBURN - Lea Hill
BONNEY LAKE - at Tehaleh
DES MOINES
PUYALLUP - Bradley Park
WesleyChoice.org/WesleyU

LIFELONG LEARNING COURSE CATALOG | **SPRING 2024**



*Wood Burning Workshop,
Wesley at Tehaleh*

**Please register in advance for each class
so we can send you the appropriate link and details.**

See page 2 for registration instructions.

Wesley U courses are **FREE** for
residents and community members
thanks to our sponsor:



Thank you to the **Wesley U Resident Committee** and staff for planning the Wesley U program.

Wesley Bradley Park - Puyallup

Liz Carter
Marilyn Knutson
Margaret McCormick
Mistie Hansen, staff

Wesley Des Moines

Rita Bailie
Diane Collier
Sue Lawrence
Verla Morrison
Nancy Robertson
Paula Olson, staff
Naniofa Poulivaati-Mounga, staff

Wesley Lea Hill - Auburn

Helena Hanna
Barbara Dadd Shaffer
Elaine Stamm
Marlene Feliciano, staff

Wesley at Tehaleh - Bonney Lake

Marge Froiland
Diane Olson
Erica Hack, staff

WesleyChoice.org

Wesley is a nonprofit organization offering a full spectrum of lifestyle options for aging well, including residential communities, in-home health and care services in King and Pierce counties.



Welcome to Wesley U

Wesley U classes stimulate meaningful learning, interaction, and personal growth for Wesley residents and our neighboring communities.

Wesley U courses are available in a variety of formats:



In-person Speaker

Rotating Wesley locations host the instructor in-person. Other Wesley locations participate via Zoom.



Zoom In

Join a Zoom class from your computer, tablet or smartphone. Prior to each class, you'll receive an email reminder with the Zoom link and class information.



Small Group

You can also participate in the Zoom class with other residents in the room as stated on the course page.

PLEASE REGISTER IN ADVANCE

If more than one person per household is participating, please register separately online or indicate both names on registration form.

BEST WAY: ONLINE

WesleyChoice.org/WesleyU

EMAIL

Scan registration page or send your list of classes to **WesleyU@wesleyhomes.org**

PHONE

Call Wesley U Manager: **(206) 870-1385**

DROP OFF

Complete the **inserted registration form** and return it to your Front Desk.



WESLEY

Community · Choice · Continuing Care

COURSE DESCRIPTIONS



How Do We Have Civil Discourse? • Four Single Workshops

Lea Hill • Wednesday, April 10 • 10:30am-12:00pm

Tehaleh • Thursday, April 11 • 10:30am-12:00pm

Des Moines • Thursday, April 18 • 10:30am-12:00pm

Bradley Park • Wednesday, April 24 • 10:30am-12:00pm

The Center for Dialog & Resolution is a community-based organization dedicated to helping people talk about what is important to them. In this interactive, in-person workshop, we will practice skills that help us when we're faced with challenging conversations. We don't always agree with everyone, particularly on political, societal or religious issues, so come ready to share the topics that challenge your communication with friends and family. Celyna Addison, together with a colleague, will guide you through some practices to make those conversations easier.

ABOUT THE INSTRUCTOR



Celyna Addison serves as the Community & Donor Relations Manager for the Center for Dialog & Resolution (CDR), a nonprofit organization that has 30 years of experience in peacefully resolving differences in Pierce County through mediation, conflict resolution training, and facilitation services. She passionately educates and inspires the community through her fundraising and outreach efforts, collaborating closely with a team of highly skilled, professionally trained mediators.



Wesley Community Histories by Wesley Residents • Four-part Series

Tuesday, April 9 • 11:00am-11:45am • Des Moines and Zoom

Tuesday, April 16 • 3:00pm-3:45pm • Lea Hill and Zoom

Tuesday, April 23 • 11:00am-11:45am • Bradley Park and Zoom

Tuesday, April 30 • 11:00am-11:45am • Tehaleh and Zoom

As Wesley Homes celebrates its eightieth anniversary this year, we'll learn Wesley's origin story and how Wesley evolved into the communities we know today, each with its own character but still tied to the Wesley mission. Each week we hear from one pair of residents as they share history and personal insight on what we might discover upon visiting their Wesley community.

ABOUT THE INSTRUCTORS



Originally from Montana and married to a field engineer, **Rita Bailie** educated herself as she raised their four children. After sixteen moves, the family eventually settled in Kent where Rita was a founder of the Kent Unity Church. Ever active, she became Wetland Chair with Rainier Audubon, trained as a King County wetland steward and a native plant steward. She also served as secretary for Protect Land for Agriculture, advocating to prevent development of farmland. In addition to her express interest in science and the environment, Rita's natural curiosity of the world led her to become a certified travel agent for Society Expeditions. She established the Native Plant Garden at Wesley Des Moines and is a founding member of the Des Moines Wesley U Resident Committee.



Before her first retirement, **Verla Morrison** worked as a manager of administration and finance with an engineering research firm. She later worked in property management until her second retirement. Now her time is occupied by walks with friends, reading, enjoying outings offered by Wesley, joining Wesley U classes, and tending her garden patch. She also serves on the Wesley U Resident Committee. When Verla moved to Wesley in August 2018, she was one of the first to move into the new Brownstone. She has spent the last five years watching the transformation of the Wesley Des Moines campus.



Betty and Will Gering both hail from the Evergreen State and have been married over 72 years. Owning a retail business together, they both worked in sales of office supplies and maintenance materials. In 2006 they decided to leave their home in Issaquah and move into a Village House at Wesley Lea Hill, later moving into Eby Lodge. Will was instrumental in starting the wood shop at Lea Hill and continues to enjoy woodworking in addition to his other hobbies involving cars and hydros. Betty now runs the Craft Room at Lea Hill and has overseen garage sales and holiday bazaars on campus. Gardening, crafts, choir and working with the Lea Hill archives continue to keep her busy.



Twenty years ago, **Jim and Ginny Christensen** came to this area from Southern Oregon to be with their kids and young granddaughter. They moved into the Bradley Park Lodge when it opened in 2018. They were active in the planning of the new building, including the Creativity Center, and photographed the construction progress weekly. Jim is a retired middle school STEM teacher and now is active in the Wesley Bradley Park yacht club and woodshop. Ginny is a retired CPA and currently is active in the chapel and dining committee. She also made two quilts which hang in the building.



John Sharp and his wife of 52 years, Pat, moved to Tacoma in December 1980 from the Black Hills of South Dakota, eventually moving to Gig Harbor. In 2017, they moved to Trilogy at Tehaleh, and when construction began on Wesley at Tehaleh, they knew that would be their next home. They made that move in May 2023. Before retirement, John worked as a brick/stone mason until becoming chief estimator/project manager for a commercial masonry company in Seattle. He served five years on the Trilogy Landscape Committee and on the Whitman Community Association Board of Directors (Trilogy HOA). In 2019 he helped form the non-profit Trilogy-Tehaleh-Firewise organization, working to revise forest management plans for open spaces within Tehaleh and reforestation of slopes that were cleared during grading for construction of roads and housing.



Marilyn Thoms retired as a programs administrator for the Oklahoma Department of Human Services, having served in her earlier years as a social worker, primarily with adolescents, and in client advocacy. Following her first retirement, she became program director for a small outpatient addiction treatment program in Shawnee, Oklahoma. Marilyn and her husband Bill moved back to their home state of Indiana in 2007. In 2013 they moved to Washington State to be near their son. Marilyn's favorite and third retirement position was the nearly seven years she worked for Newland Communities, the developer of Tehaleh. Bill and Marilyn then moved into Wesley at Tehaleh when The Lodge first opened on June 4, 2021.

Acrylic Brush Painting • Five-part Series

Tehaleh • Mondays, April 15, 22, 29, May 6, 13 • 9:30am-11:30am

Des Moines • Mondays, April 15, 22, 29, May 6, 13 • 1:00pm-3:00pm

Lea Hill • Fridays, April 19, 26, May 3, 10, 17 • 10:00am-12:00pm

Bradley Park • Fridays, April 19, 26, May 3, 10, 17 • 1:00pm-3:00pm

Each class has a limited number of participants. Please register early.

In this introductory series of five classes, students will progressively learn about acrylic paint application and brush stroke, light and dark shading techniques, creation of shadows, highlights, perspective, textures and surface features. Each student works with a new 8"x6" canvas at every class, completing the series with five unique paintings depicting scenes from nature to take home. Brushes and paint will be made available to use during classes. Canvas boards will be provided for each participant.

A materials fee of \$10 per person will be collected at the start of the first class.

ABOUT THE INSTRUCTOR



Paul Illian grew up in the swamps of Florida. He showed early promise in art as his work was accepted for touring national shows while he was still in middle school. After high school he enlisted in the Marine Corps, then following his four years of service he went to school to earn his degree in engineering. Not fully satisfied in his field of study, he eventually returned to his original love of painting. In addition to teaching art, Paul now paints professionally and organizes art shows.





Underlying Issues in the Upcoming Washington Elections: What Is At Issue, What Is At Stake, and How Is Our Democracy Faring? • Single Class

Thursday, April 25 • 10:00am-11:00am • Zoom

Cynthia Stewart, League of Women Voters of Washington, will describe factors that contribute to the increasing political polarization and how those will potentially impact the upcoming 2024 Washington State elections for Governor, Congress and the Legislature. She will also discuss how communities may address the impacts of polarization among themselves and the effects on democracy if the current trend continues.

ABOUT THE INSTRUCTOR



Cynthia Stewart is a long-time League of Women Voters leader. She has had a 30-year career in state and local governments and as a retiree currently serves on the state League Board and is chair of the League's volunteer Lobby Team. She has planned and moderated community forums on a wide range of topics and has been involved in controversial issues ranging from homelessness to government financing.

Seeing Salvation: Tradition and Innovation in Christian Art • Two-part Series

Tuesday, May 7 • 10:30am-11:30am • Zoom

Thursday, May 30 • 10:30am-11:30am • Zoom



This four-class lecture series (two in May, two in September) is based on the exhibition “Seeing Salvation” at the National Gallery in London (2000) and its catalogue. The exhibition presented the image of Christ to modern secular audiences through a selection of masterpieces of Christian art. Three of the lectures will discuss some of the masterpieces in the exhibition to understand the iconographic developments observed in early Christian Art and its changing styles from the Middle Ages to the present. The last lecture will focus on Renaissance artists in the Vatican and how they portrayed the image of Christ and the concept of “Salvation”.

ABOUT THE INSTRUCTOR



Dr. Valeria Riedemann Lorca, born in Valdivia, Chile, obtained her doctoral degree in Classical Art and Archaeology from the University of Oxford after completing an MA in Comparative Art and Archaeology at University College London. She was a research fellow at the British School at Athens (2010), Université Libre de Bruxelles, Belgium (2014) and the German Archaeological Institute in Berlin (2023). Valeria is currently a lecturer at the University of Washington, the University of Puget Sound, and the Northwest College of Art & Design. She teaches courses on art history, mythology, visual communication, and Classical archaeology.

Nobody's Fool: Why We Get Taken In and What We Can Do About It • Single Class

Tuesday, May 14 • 1:00pm-2:00pm • Zoom

From phishing scams to Ponzi schemes, fraudulent science to fake art, chess cheaters to crypto hucksters, and marketers to magicians, our world brims with deception. In this talk, Dan Simons will explain why we are so easily deceived and what we can do about it.

NOTE: This class will not be recorded.

ABOUT THE INSTRUCTOR



Dr. Daniel Simons is a professor of psychology at the University of Illinois where he heads the Visual Cognition Laboratory and has courtesy appointments in the Charles H. Sandage Department of Advertising and the Gies College of Business. Dan received his BA from Carleton College and his PhD from Cornell University. His research explores the limits of awareness and memory, the reasons why we often are unaware of those limits, and the implications of such limits for our personal and professional lives. In addition to publishing more than 100 scientific journal articles, Dr. Simons has also contributed to *The New York Times*, *The Wall Street Journal*, *The Washington Post*, *Los Angeles Times*, *Slate*, and other national publications, and his work has appeared in science museums worldwide. He and his long-time co-author, Christopher Chabris, wrote the 2023 book, *Nobody's Fool: Why We Get Taken In and What We Can Do About It*, as well as the 2010 *New York Times* Bestseller, *The Invisible Gorilla: How Our Intuitions Deceive Us*.





The Green River Natural Area: Its History and What It Is Today • Single Class

Thursday, May 16 • 10:30am-11:30am • Lea Hill and Zoom

This lecture is an overview of the Green River Natural Area's (GRNA) history that has shaped how we know it today. Explore the natural processes that created and molded the landscape and learn how Native Americans and Europeans impacted local flora and fauna. Understand how nature and humans together have influenced its ecosystem. These natural trends also give us a peek at what the GRNA's future may look like.

ABOUT THE INSTRUCTOR



Gene McCaul has a Bachelor of Science degree in Natural Resource Management from Washington State University. He worked for 37 years in the private timber industry for a small company called West Fork Timber Co., LLC. For the past seven years he has been a full-time instructor at Green River College (GRC) teaching in the Natural Resources department.

During his tenure at GRC, Gene has taught a wide variety of courses and interacted regularly with the King County Parks and Natural Resources department. He has written two articles for the *Western Forester*, a regional professional newsletter, and serves on the city of Sumner Parks and Forestry Commission. He is currently semi-retired.

Watercolor Painting • Three-part Series

Tehaleh • Mondays, May 20, June 3, 10 • 10:00am-12:00pm

Bradley Park • Tuesdays, May 21, June 4, 11 • 10:30am-12:30pm

Des Moines • Thursdays, June 13, 20, 27 • 10:00am-12:00pm

Lea Hill • Fridays, June 14, 21, 28 • 10:00am-12:00pm

Each class has a limited number of participants. Please register early.

Charlene includes seasonal subject matter and continues to focus on the beginner while still offering growth in skills for those experienced in the medium. In each class, participants complete a painting based on a traced image so there is no need to know how to draw. Each painting features specific watercolor techniques to develop and enhance skills.

Paper is provided for each project. If a participant is new to watercolor and needs supplies, there is a supply list available or a kit can be purchased with one week notice provided to the instructor. The kit is \$75 (her cost) and has everything you need for years to come. After registration is confirmed, contact Charlene Burley for a kit at charlene.burley@gmail.com.

ABOUT THE INSTRUCTOR



Charlene Burley has been painting in watercolor for more than 10 years and loves the medium. Charlene is a collective member of the Art Gallery of Snovalley in Snoqualmie, and is also a member of the Northwest Watercolor Society, the South Hill Artists and the Mount Si Artist Guild. She has provided painting classes for Wesley Homes for many years and has a dedicated following. Charlene is gifted at helping both beginner and experienced painters develop their skills in the same class.



The State of the Races: 2024 Elections in Washington State • Single Class

Thursday, May 23 • 10:30am-11:30am • Zoom

This course will consider the top races in Washington State in 2024, including the open race for governor, state attorney general and U.S. Senate and House. We will explore the top candidates in each race, the issues being discussed, how much funding has been raised and what the polls have to say. We will also contemplate the larger political landscape in Washington State and what that portends for who is likely to win – and how they might govern once elected.

ABOUT THE INSTRUCTOR



Travis N. Ridout is the Thomas S. Foley Distinguished Professor of Government and Public Policy and Director of the School of Politics, Philosophy and Public Affairs at Washington State University. He also serves as co-director of the Wesleyan Media Project, which tracks political advertising. His research on political campaigns, political advertising and campaign finance has appeared in dozens of journal articles and book chapters. Ridout's most recent book, *Political Advertising in the United States*, 2nd edition, was published in 2021.





Self-care for Caregivers • Single Class

Wednesday, May 29 • 11:00am-12:00pm • Lea Hill and Zoom

Whether you are an in-home caregiver of a loved one or you personally know someone who provides care to others, you stand to gain valuable knowledge through participation in this session. Join this discussion on how to avoid burn-out and compassion fatigue, and hear creative ways to reframe losses and traumas in life. Presenters from Joy Thru Tears Foundation with personal experience in giving care lead this conversation.

ABOUT THE INSTRUCTORS



Born in Ottawa, Canada, **Louise Frank** has lived in Washington State for the past 37 years. She attended business college and the University of Ottawa, and over the past 28 years, built a successful direct sales organization while raising her children. She is founder and president of the non-profit Joy Thru Tears Foundation and is currently writing a memoir of her journey raising her two children who were diagnosed with a terminal progressive illness at the age of six. Louise enjoys spending time with family and friends, entertaining, cooking, swimming, and has hiked several Caminos in Europe.



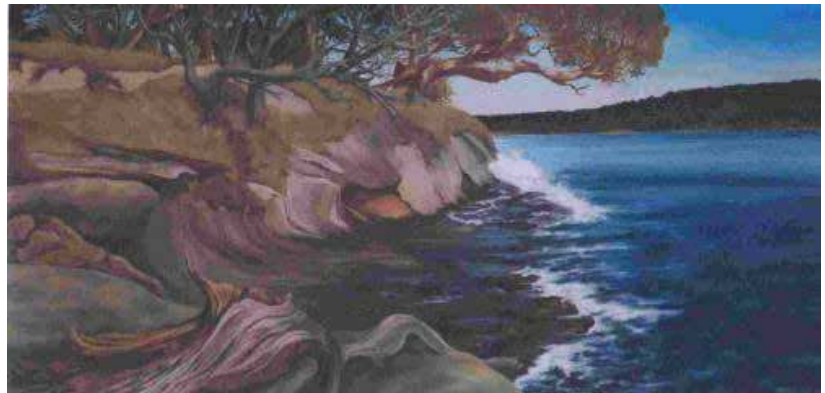
Amy Jahn brings a unique perspective to the Joy Thru Tears Foundation as she has a 37-year-old son with Down Syndrome. She has been an advocate for people with disabilities for decades at both state and local levels. Amy co-founded Down Syndrome Community, a nonprofit support group for parents throughout the Northwest. She recently retired from the Auburn Valley YMCA after managing Community Outreach, Member Enrichment and Event Planning. Amy has a degree in Business Finance and prior to her son's birth, worked for the Bank of America in lending and business outreach.



(Top L-R) **Self Portrait**, 1969, Milt Simons; Museum purchase with funds from the Dr. Lester Baskin Memorial Fund

Beach Pattern, 1954, George Tsutakawa; Gift of the Bellevue Art Museum

Piñons with Cedar, 1956, Georgia O'Keeffe; Tacoma Art Museum, Haub Family Collection, Gift of Erivan and Helga Haub



Galiano Island, 2009, Barbara Boldt; Tacoma Art Museum, Haub Family Collection, Gift of Erivan and Helga Haub

Artists Through Books: An Exploration of Four Painters from TAM's Collection • Four-part Series

Wednesdays, June 5, 12, 26, and Tuesday, June 18 • 10:30am-11:30am • Zoom

This captivating course focuses on the works of four prominent painters, carefully curated from the extensive collection of the Tacoma Art Museum (TAM). Participants embark on a journey of studying the lives, inspirations, and masterpieces of these artists, gaining insights into the intersection of visual arts and written expression. Through discussion and immersive presentations, students will develop a deeper understanding of the artistic process and strengthen their ability to interpret and appreciate visual masterpieces. Join us in this course that allows art enthusiasts to discover the stories behind the canvases and the pages that immortalize the legacy of these extraordinary painters.

Victoria Miles presents on Milt Simons.

Ellen Ito presents on George Tsutakawa.

Faith Brower & Tina Moreschi present on Georgia O'Keeffe.

Meghan Crandall presents on Barbara Boldt.

ABOUT THE INSTRUCTORS



Victoria Miles is TAM's Artist Award Manager for *The Current*, an annual, unrestricted award providing financial and institutional support to a Black artist living and working in the Tacoma area. The program was both designed and carried out by Victoria and has most recently announced its 2023 awardee Kristina Batiste, whose work focuses on functional pottery and sculpture. TAM plans to open an exhibition celebrating *The Current, An Artist Award*, in June 2024.



Ellen Ito is a Pacific Northwest artist, programmer, and curator. Ellen has been the Award Program Manager for the Neddy Artist Award at Cornish College of the Arts and is a regular presenter in the University of Washington Museology Certificate program. Ellen's current projects include *On Site*, a moving image series, and *Soft Power*, on view at TAM, and a documentary, *Following Gordon*, based upon the Western hitchhiking journey of activist and anthropologist Gordon Hirabayashi. Ellen is Curator of Special Projects at the Tacoma Art Museum.



Faith Brower is the Haub Curator of Western American Art at TAM. Brower opens the [re]Frame project in May 2024, including four guest-curated exhibitions that expand the narratives regarding art of the American West. With a background in modern and contemporary art, she specializes in curating exhibitions that make museum collections relevant and meaningful to contemporary audiences.



Tina Moreschi is a Museum Educator with 15 years of experience working with children in the arts field. She has a Bachelor of Arts in Art History/ Museum Studies and lives in Olympia, Washington. She works tirelessly in efforts to make art education accessible to everyone. In her spare time, she volunteers and likes to make mosaic art.



Museum Educator, **Meghan Crandall**, has worked at TAM for four years. She has a Master's degree in Public History from Southeast Missouri State University located in the beautiful town of Cape Girardeau, Missouri. Her passions are researching local and recent history of living Pacific Northwest artists. She enjoys crafting with textile paint, crocheting in the winter, and going crabbing at Edmonds Pier in the summer.

April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
8	9 <input type="checkbox"/> 11:00am Wesley Histories - DM, Z	10 <input type="checkbox"/> 10:30am Civil Discourse - LH	11 <input type="checkbox"/> 10:30am Civil Discourse - TE	12
15 <input type="checkbox"/> 9:30am Acrylic Paint - TE <input type="checkbox"/> 1:00pm Acrylic Paint - DM	16 <input type="checkbox"/> 3:00pm Wesley Histories - LH, Z	17	18 <input type="checkbox"/> 10:30am Civil Discourse - DM	19 <input type="checkbox"/> 10:00am Acrylic Paint - LH <input type="checkbox"/> 1:00pm Acrylic Paint - BP
22 <input type="checkbox"/> 9:30am Acrylic Paint - TE <input type="checkbox"/> 1:00pm Acrylic Paint - DM	23 <input type="checkbox"/> 11:00am Wesley Histories - BP, Z	24 <input type="checkbox"/> 10:30am Civil Discourse - BP	25 <input type="checkbox"/> 10:00am Underlying Issues in Upcoming Elections - Z	26 <input type="checkbox"/> 10:00am Acrylic Paint - LH <input type="checkbox"/> 1:00pm Acrylic Paint - BP
29 <input type="checkbox"/> 9:30am Acrylic Paint - TE <input type="checkbox"/> 1:00pm Acrylic Paint - DM	30 <input type="checkbox"/> 11:00am Wesley Histories - TE, Z			

BP: Bradley Park **DM:** Des Moines **LH:** Lea Hill **TE:** at Tehaleh **Z:** Zoom

May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3 <input type="checkbox"/> 10:00am Acrylic Paint - LH <input type="checkbox"/> 1:00pm Acrylic Paint - BP
6 <input type="checkbox"/> 9:30am Acrylic Paint - TE <input type="checkbox"/> 1:00pm Acrylic Paint - DM	7 <input type="checkbox"/> 10:30am Seeing Salvation - Z	8	9	10 <input type="checkbox"/> 10:00am Acrylic Paint - LH <input type="checkbox"/> 1:00pm Acrylic Paint - BP
13 <input type="checkbox"/> 9:30am Acrylic Paint - TE <input type="checkbox"/> 1:00pm Acrylic Paint - DM	14 <input type="checkbox"/> 1:00pm Nobody's Fool - Z	15	16 <input type="checkbox"/> 10:30am Green River Natural Area - LH, Z	17 <input type="checkbox"/> 10:00am Acrylic Paint - LH <input type="checkbox"/> 1:00pm Acrylic Paint - BP
20 <input type="checkbox"/> 10:00am Watercolor - TE	21 <input type="checkbox"/> 10:30am Watercolor - BP	22	23 <input type="checkbox"/> 10:30am The State of the Races: 2024 Elections - Z	24
27 MEMORIAL DAY	28	29 <input type="checkbox"/> 11:00am Self-care for Caregivers - LH, Z	30 <input type="checkbox"/> 10:30am Seeing Salvation - Z	31

BP: Bradley Park **DM:** Des Moines **LH:** Lea Hill **TE:** at Tehaleh **Z:** Zoom

June 2024

Monday	Tuesday	Wednesday	Thursday	Friday
3 <input type="checkbox"/> 10:00am Watercolor - TE	4 <input type="checkbox"/> 10:30am Watercolor - BP	5 <input type="checkbox"/> 10:30am Artists Through Books - Z	6	7
10 <input type="checkbox"/> 10:00am Watercolor - TE	11 <input type="checkbox"/> 10:30am Watercolor - BP	12 <input type="checkbox"/> 10:30am Artists Through Books - Z	13 <input type="checkbox"/> 10:00am Watercolor - DM	14 <input type="checkbox"/> 10:00am Watercolor - LH
17	18 <input type="checkbox"/> 10:30am Artists Through Books - Z	19	20 <input type="checkbox"/> 10:00am Watercolor - DM	21 <input type="checkbox"/> 10:00am Watercolor - LH
24	25	26 <input type="checkbox"/> 10:30am Artists Through Books - Z	27 <input type="checkbox"/> 10:00am Watercolor - DM	28 <input type="checkbox"/> 10:00am Watercolor - LH

BP: Bradley Park **DM:** Des Moines **LH:** Lea Hill **TE:** at Tehaleh **Z:** Zoom

You can participate in Wesley U classes a number of ways!

1. Over Zoom

- Online from your own device (computer, tablet, or phone) at home.
- With a small group at your Wesley campus location below unless otherwise noted:
 - **Bradley Park** - Check activities calendar
 - **Des Moines** in the Suzanne McCarthy Education Center (*Terrace Classroom*)
 - **Lea Hill** - Check activities calendar
 - **At Tehaleh** in the Theater

2. In-person with an on-site Instructor

Some classes will be delivered via an in-person instructor on one of our Wesley campuses. These classes are typically also on Zoom with the exception of most workshops and studio art classes. See the course descriptions for which classes host an in-person class on a Wesley campus.

3. Watch a recording

Nearly every class offered on Zoom will also be recorded. Everyone who registers for a class will be sent a link to the recording after the class even if you have to miss the class, or if you just want to watch it again.

See page 2 for registration instructions

Keep THIS COPY for your records • Use INSERTED FORM to register

Class locations unless otherwise noted:

BP: Bradley Park Theater or check activities calendar
LH: Lea Hill Assembly Hall or check activities calendar
DM: Des Moines Terrace, Suzanne McCarthy Ed Center

TE: Tehaleh Theater
Zoom: Online

CLASS	DAY/DATE	TIME	LOCATION
How Do We Have Civil Discourse?			
<input type="checkbox"/> Lea Hill	Wed, 4/10	10:30am-12:00pm	LH
<input type="checkbox"/> Tehaleh	Thurs, 4/11	10:30am-12:00pm	TE
<input type="checkbox"/> Des Moines	Thurs, 4/18	10:30am-12:00pm	DM
<input type="checkbox"/> Bradley Park	Wed, 4/24	10:30am-12:00pm	BP
Wesley Community Histories			
<input type="checkbox"/> Four-part Series	Tues, 4/9	11:00am-11:45am	DM, Zoom
	Tues, 4/16	3:00pm-3:45pm	LH, Zoom
	Tues, 4/23	11:00am-11:45am	BP, Zoom
	Tues, 4/30	11:00am-11:45am	TE, Zoom
Acrylic Brush Painting			
<input type="checkbox"/> TE residents only	Mon, 4/15, 22, 29, 5/6, 13	9:30am-11:30am	TE Ldg Creativity Ctr
<input type="checkbox"/> DM residents only	Mon, 4/15, 22, 29, 5/6, 13	1:00pm-3:00pm	DM Art Room Terrace
<input type="checkbox"/> LH residents only	Fri, 4/19, 26, 5/3, 10, 17	10:00am-12:00pm	LH Assembly Hall
<input type="checkbox"/> BP residents only	Fri, 4/19, 26, 5/3, 10, 17	1:00pm - 3:00pm	BP Activity Rm
Underlying Issues in the Upcoming Elections			
<input type="checkbox"/> Single Class	Thurs, 4/25	10:00am-11:00am	Zoom
Seeing Salvation: Tradition and Innovation in Christian Art			
<input type="checkbox"/> Two-part Series	Tues, 5/7, Thurs, 5/30	10:30am-11:30am	Zoom
Nobody's Fool: Why We Get Taken In and What We Can Do About It			
<input type="checkbox"/> Single Class	Tues, 5/14	1:00pm-2:00pm	Zoom
The Green River Natural Area: Its History and What It Is Today			
<input type="checkbox"/> Single Class	Thurs, 5/16	10:30am-11:30am	LH, Zoom
Watercolor Painting			
<input type="checkbox"/> TE residents only	Mon, 5/20, 6/3, 10	10:00am-12:00pm	TE Ldg Creativity Ctr
<input type="checkbox"/> BP residents only	Tue, 5/21, 6/4, 11	10:30am-12:30pm	BP Activity Rm
<input type="checkbox"/> DM residents only	Thurs, 6/13, 20, 27	10:00am-12:00pm	DM Club Rm
<input type="checkbox"/> LH residents only	Fri, 6/14, 21, 28	10:00am-12:00pm	LH Assembly Hall
The State of the Races: 2024 Elections in Washington State			
<input type="checkbox"/> Single Class	Thurs, 5/23	10:30am-11:30am	Zoom
Self-care for Caregivers			
<input type="checkbox"/> Single Class	Wed, 5/29	11:00am-12:00pm	LH, Zoom
Artists Through Books: An Exploration of Four Painters from TAM's Collection			
<input type="checkbox"/> Four-part Series	Wed, 6/5, 12, 26	10:30am-11:30am	Zoom
	Tues, 6/18	10:30am-11:30am	Zoom

If more than one person per household is participating, please register separately online or indicate both names on registration form.